

Nordic headspace

Let's invest in Mental Health for Young People

Date: November 18, 2024

Venue: Royal Danish Theater, Skuespilhuset, Copenhagen, entrance from Ofelia Plads

Moderator: Nynne Bjerre Christensen

More speakers will be announced later

9:00 - 10:00 Registration and Coffee

- **Welcome:**
Poul Nyrup Rasmussen, former Prime Minister and Founder of Det Sociale Netværk/headspace Denmark
- **Opening Remarks:**
Nicolai Wammen, Minister of Finance
- **The Future Workforce:**
Jakob Riis, CEO of Falck, alongside a young employee, share perspectives on the importance of investing in mental health.
- **Perspective from a Pension Company:**
Peter Stensgaard Mørch, CEO of PensionDanmark, explains the advantages of preventative mental health investments..
- **Youth Panel:**
Young voices from the Nordic countries will share their views on where investments are most beneficial for the young generation.
- **Keynote Speech:**
The Lancet Psychiatry Commission on Youth Mental Health – Barbara Dooley, Professor of Psychology, University College Dublin
- **Keynote Speech:**
The Economic Return on Investment in Youth Mental Health – Martin Knapp, Professor of Health and Social Care Policy, London School of Economics

Lunch Break

- **Global Scaling of Mental Health Services:**
Craig Hodges, Director at Orygen Global, Australia, and Cassie Redlich, World Health Organization, Regional Office for Europe
- **Public-Private Panel Discussion:**
Exploring the benefits of investing in prevention and mental health promotion
- **Call to Action on Mental Health in the Workforce:**
Presented by Trine Hammershøy, Sigurþóra Bergsdóttir, Tom Guldborg, and Markus Raivio from Nordic Headspace
- **Closing Remarks:**
Ásmundur Einar Daðason, Minister of Education and Children, Iceland
- **Final Remarks:**
Poul Nyrup Rasmussen, Nordic Headspace

16:00 - 17:30 Reception