

# Nordic headspace

Let's invest in Mental Health for Young People

**Date:** November 18, 2024

**Venue:** Royal Danish Theater, Skuespilhuset, Copenhagen, entrance from Ofelia Plads

**Moderator:** Nynne Bjerre Christensen

- **9:00 - 10:00**  
**REGISTRATION AND COFFEE**
- **10:00 - 10:15**  
**WELCOME**  
Poul Nyrup Rasmussen, former Prime Minister and Founder of Det Sociale Netværk/headspace Denmark, accompanied by a musician
- **10:15-10:30**  
**OPENING BY NICOLAI WAMMEN, MINISTER OF FINANCE**  
Investing in mental health for young people
- **10:30-11:00**  
**THE FUTURE OF WORKFORCE**  
Jakob Riis, CEO of Falck, alongside Christine Ravn Lund, a young employee and chairwoman of the Danish Youth Council, about supporting and including young people in the workforce
- **11:00-11:15**  
**PERSPECTIVE FROM A PENSION COMPANY**  
Peter Stensgaard Mørch, CEO of PensionDanmark, explains the advantages of preventative mental health investments
- **11:15-11:50**  
**YOUTH PANEL**  
Young voices from the Nordic countries will share their views on where investments are most beneficial for the young generation
- **11:50-12:10**  
**KEYNOTE SPEECH**  
The Lancet Psychiatry Commission on Youth Mental Health - Barbara Dooley, Professor of Psychology, University College Dublin
- **12:10-12:30**  
**KEYNOTE SPEECH**  
The Economic Return on Investment in Youth Mental Health - Martin Knapp, Professor of Health and Social Care Policy, London School of Economics
- **12:30-13:45**  
**LUNCH BREAK**
- **13:45 - 14:15**  
**GLOBAL SCALING OF MENTAL HEALTH SERVICES**  
Craig Hodges, Director at Orygen Global, Australia, and Cassie Redlich, World Health Organization, Regional Office for Europe
- **14:15-14:50**  
**PERSPECTIVES FROM THREE PRIVATE FUNDS IN NORDIC COUNTRIES**  
Exploring the benefits of investing in prevention and mental health promotion - Hans Christian Lillehagen, Foundation Dam, Caroline Stiernstedt Sahlborn, The Inner Foundation, and Ane Hendriksen, Velux Foundation
- **14:50-15:05**  
**INCLUSION INITIATIVE IN DANISH SUPERMARKET CHAIN**  
Rema 1000 presents their approach to fostering inclusion and mental health in the workforce
- **15:05-15:45**  
**CALL TO ACTION ON MENTAL HEALTH IN WORKFORCE**  
Presented by Trine Hammershøj, Sigurbóra Bergsdóttir, Tom Guldberg, and Markus Raivio from Nordic Headspace
- **15:45**  
**CLOSING REMARKS**  
Poul Nyrup Rasmussen, Nordic Headspace
- **16:00 - 17:30**  
**RECEPTION**